Black & Green Wednesday

PlaVor

KoLor

Downer

Mad

Cow

Morsels

High

Fructose

Corn

Syrup

Ultra

Saturated

Fat

Globules

tmach-o-lyfaitic

• Burger

• Soda

• Bun

· Fries

· Ketchup

Eating Healthy in Schools

Countering Nutricide

Food sold in supermarkets contributes to sickness. But are children being fed nutritious meals in schools?

Could food actually be interfering with children's learning?
Could it be contributing to behavior problems and delinquency?

Panelists will explain the types of diets that are healthy for children and adults. We will all discuss how to change corporate control of food so we can eat the way we should.

Join us for a panel discussion with:

- Yasmine Ruiz-Smith, Green Party of St. Louis [moderator]
- Dr. Rosa Kincaid, Kincaid Medical Associates
- Linda McClerklin, Community Health Director, A Better World
- Afua Bromley, LAC, Universal Holistic Health Care



Legacy Books & Café 5249 Delmar (near Union), St. Louis, MO 63108 For more info call 314-727-8554 or visit

www.gateway-greens.org